

# Lytic



User Guide



**PHONAK**

life is on

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# 1. Welcome

Thank you for choosing Lyric, the first extended wear hearing aid that is 100% invisible. Your Lyric hearing aid requires a lot less interaction and handling compared to conventional hearing aids. We are convinced that your hearing aid will provide valuable benefits to your daily life.

The nature of the Lyric hearing aid requires it to be inserted by a Lyric trained hearing care professional. This user guide is intended to supplement and not replace any advice from your hearing care professional.

Please read this user guide carefully in order to safely operate your Lyric hearing aid and to benefit from all the possibilities it has to offer.

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If you have any questions, please consult your hearing care professional.

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[www.phonak-lyric.com](http://www.phonak-lyric.com)






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## 2. Important information

Please read the information on the following pages when you are using your hearing aid for the first time.

### 2.1 Hazard warnings

-  Use only hearing aids that have been specially programmed for you by your hearing care professional. Other systems may be ineffective and may, in certain cases, damage your hearing.
-  Changes or modifications to the hearing aid that were not explicitly approved by Phonak are not permitted. Such changes may damage your ear or the hearing aid.
-  The hearing aid is a potential choking or swallowing hazard so it should be kept out of reach of children and pets. If hearing aids are swallowed, consult your medical practitioner immediately!

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## 2.2 Information on product safety

### Wearing Lyric:

- ① Medical imaging procedures (e.g. CT scans, MRI scans) may adversely affect the correct functioning of your hearing aid. Lyric must be removed before you have an MRI scan because it contains metallic parts. Please see chapter 6 for detailed information concerning X-ray procedures.
- ① Do not submerge your head in water. Water submersion may cause damage to the hearing aid.
- ① Do not scuba dive or dive underwater. Diving while wearing Lyric may cause injury to your ear or damage to the hearing aid.
- ① Do not skydive while wearing Lyric.
- ① Once Lyric is removed, it cannot be reinserted.

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## 2. Important information

- ① Do not put cotton swabs or anything else in your ear canal. They could damage the hearing aid and/or injure your ear.
- ① If Lyric stops working for any reason, it must be removed within 24 hours, and a Lyric trained hearing care professional should examine your ear canal.

### Using SoundLync:

- ① The SoundLync should not rest against the skin of those with allergies to nickel.
- ① If you use a medical device such as a pacemaker, do not place the SoundLync in your breast pocket.



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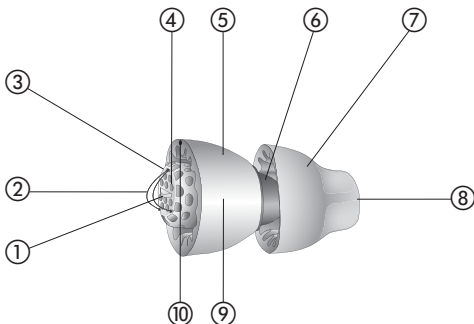
## When to call your Lyric trained hearing care professional:

- ① If the hearing aid malfunctions.
- ① If you experience pain beyond the initial discomfort.
- ① If you experience a sudden or significant change in your hearing.

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### 3. Introduction to Lyric

The following introduction describes Lyric, the first extended wear hearing aid that is 100% invisible.



- ① Insertion handle
- ② Removal loop
- ③ Protective cap
- ④ Microphone and signal processor
- ⑤ Lateral seal
- ⑥ Side indicator
- ⑦ Medial seal
- ⑧ Receiver
- ⑨ Battery
- ⑩ "This side up" indication

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### 3.1 What makes Lyric different

Lyric is comfortably placed in the ear canal by a Lyric trained hearing care professional and can be used 24 hours a day, seven days a week, for months at a time. No surgery or anesthesia is required. Unlike many other hearing aids, Lyric is positioned totally inside the ear canal and uses your ear's anatomy to provide natural sound quality.

### 3.2 What you can expect with your new Lyric

#### Adjusting to your new hearing aid(s)

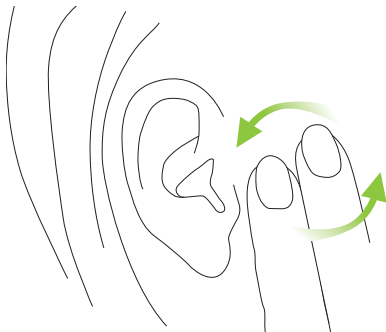
Like all hearing aids, Lyric requires an adjustment period. For most people, Lyric becomes comfortable within a few days. Others may take up to two weeks to adjust to Lyric.

You may notice some initial discomfort when sleeping. Try to sleep with as little direct pressure on your ears as possible. Sleeping on your back is ideal.

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### 3. Introduction to Lyric

If your ear is itchy, do not scratch or pull at the ear. Instead, gently massage the side of your face near your ear.



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## Getting used to new sounds and sound quality

Usually, hearing loss progresses slowly over years. So it is not unusual for things to sound a bit loud or strange when you first wear Lyric. The voices of your friends and loved ones – and perhaps even your own voice – may sound different for a while.

At first, you may also notice normal environmental sounds such as the refrigerator running, road noise from the tires on the car and heels clicking on the floor while walking. Within a short period of time, you will notice such sounds less as they become part of your everyday hearing world.

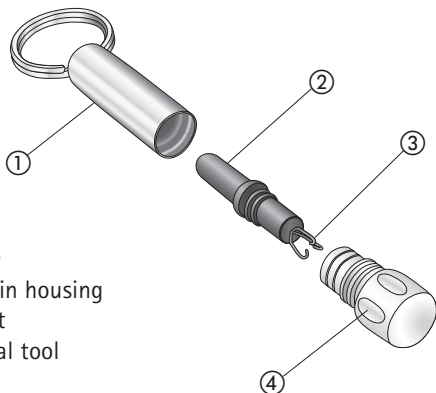
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## 4. Adjusting and removing Lyric

The following chapter provides instructions on how to use your Lyric. Please read it carefully.

### 4.1 Using the SoundLync

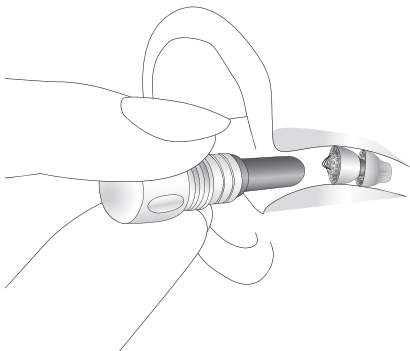
The SoundLync contains a small black magnet that functions like a remote control to change the settings of your Lyric (see instructions chapters 4.2 – 4.5).



#### SoundLync

- ① Keychain housing
- ② Magnet
- ③ Removal tool
- ④ Cap

- 
- To be able to use the SoundLync, unscrew the magnet from the keychain housing and hold it inside the ear canal without touching the hearing aid.



- Attached to one end of the magnet is a small tool that can be used to safely remove Lyric from your ear in urgent situations.

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## 4. Adjusting and removing Lyric

### 4.2 Putting Lyric in SLEEP mode

- While the hearing aid is ON, hold the magnet inside the ear canal without touching the hearing aid.
- Wait until you hear 2 beeps.
- Immediately remove the magnet from your ear.

Note: Sleep mode is a setting for acoustic transparency. In this setting, Lyric compensates the damping caused by the hearing aid itself. It sounds like you are not wearing a hearing aid.

### 4.3. Turning Lyric OFF

- While the hearing aid is ON, hold the magnet inside the ear canal without touching the hearing aid.
- Wait until you hear 2 beeps.
- Continue to hold the magnet in place until you hear 4 more beeps. (There is a short pause between the first 2 and the last 4 beeps).



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- Remove the magnet from your ear.

Note: Be aware when Lyric is OFF, it acts as an earplug.

#### 4.4 Turning Lyric ON

To switch Lyric ON, from either SLEEP mode or OFF, hold the magnet inside the ear canal without touching the hearing aid.

- Wait until you hear **1 beep**.
- Immediately remove the magnet from your ear.

#### 4.5 Adjusting the volume

- Put the hearing aid in SLEEP Mode – **2 beeps**. Remove the magnet from the ear canal.
- Insert the magnet into the ear canal again and turn the hearing aid ON – **1 beep**. Keep the magnet inside the ear canal.

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## 4. Adjusting and removing Lyric

- Continue to hold the magnet inside your ear canal until you hear a series of beeps that will increase in volume from softest to loudest. If you leave the magnet in place, the beep sequence will begin again.
- Remove the magnet from your ear when you reach the desired volume level.

Note: Whenever you turn Lyric ON or take the hearing aid out of SLEEP mode, the volume will be set automatically at the last volume level chosen.

### 4.6 SoundLync quick reference

ON	1 beep
SLEEP	2 beeps
OFF	2 beeps (hold) 4 beeps
Volume	2 beeps (remove magnet) 1 beep (hold & wait) Beep sequence

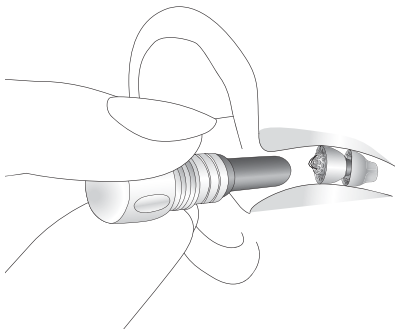
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## 4.7 Self-removal instructions

### Removing Lyric

You should not have to remove Lyric between routine office visits. If you do need to remove the hearing aid for any reason and a Lyric trained hearing care professional is not available, you may remove the hearing aid yourself, or a family member or friend can help you remove it. Once you remove Lyric from your ear, it cannot be reinserted.

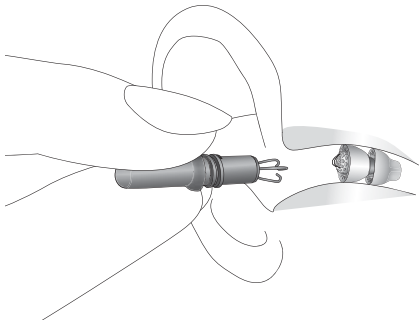
**Step 1:** If Lyric is still working, turn it OFF using the magnet (see the instructions in chapter 4.3).



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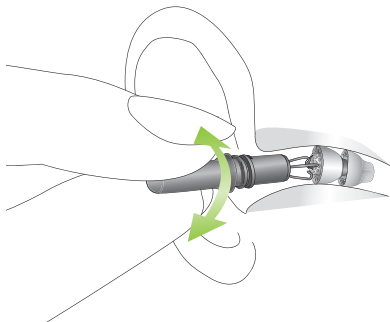
#### 4. Adjusting and removing Lyric

**Step 2:** Unscrew the cap on the magnet to expose the removal tool. Firmly hold the removal tool as you would hold a pencil, with your hand braced against your cheek. Slowly and gently insert the removal tool into the ear canal until it lightly touches the hearing aid.



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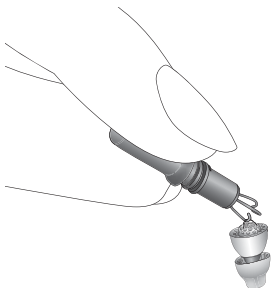
**Step 3:** Use a gentle circular motion to engage the removal loop. You should feel a slight resistance when you tug on it. Gently remove the hearing aid using a gradual circular motion.



**Step 4:** When the hearing aid is out of the ear, place it into its container. See your Lyric trained hearing care professional as soon as possible to have your ear canal examined. Please return the used hearing aid to your hearing care professional.

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#### 4. Adjusting and removing Lyric



Note: Lyric can be removed using a blunt-nosed tweezer if the removal tool is not available. Use the tweezer to grasp the handle on the hearing aid and gently remove the hearing aid using a circular motion. This requires the help of a family member or friend. Please be especially careful if you are not removing the hearing aid yourself and advise the person helping you to work slowly in a circular motion when removing Lyric.

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## 5. Follow-up care and replacement

After Lyric is placed in your ear(s), your Lyric trained hearing care professional may schedule a follow-up appointment to make any necessary programming adjustments or to answer any questions you may have.

For hearing aid replacements, your Lyric trained hearing care professional will either instruct you to call the office for an appointment when the hearing aid stops functioning or will schedule an appointment for refitting your Lyric at a predetermined time interval. When the hearing aid ceases to function, it should be removed within 24 hours.

If removal by your Lyric trained hearing care professional is not possible within 24 hours, you may remove the hearing aid yourself, or a family member or friend may remove it for you. Please see chapter 4.7 for instructions on removal of Lyric.

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## 5. Follow-up care and replacement

### Caring for Lyric

Lyric is water resistant, but not waterproof. Swimming is not recommended. However, Lyric is water resistant so you can shower while wearing Lyric.

Do not submerge your head in water. Water submersion may cause damage to the hearing aid.

You can protect Lyric by minimizing its exposure to hairspray, conditioners, gels, cologne, hair dyes, or any corrosive liquid. To protect the SoundLync, avoid dropping it on hard surfaces, exposing it to heat, or subjecting it to any other activities that may demagnetize it.

For more information, contact your Lyric trained hearing care professional.



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## Maximizing battery life

In normal use, the battery will last approximately 2-4 months. Putting Lyric in SLEEP Mode when going to sleep will extend the wear time; turning Lyric OFF when going to sleep will maximize wear time. (Be aware when Lyric is OFF, it acts as an earplug.)

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## 6. Frequently asked questions

### Can I use headsets / earbuds with Lyric?

External headphones and external hearing protection can be used. Do not use inserted headsets, earbuds, or earplugs, because they may dislodge the hearing aid. Standard iPod earphones can be used.

### Will an MRI scan, X-ray, or CT scan damage Lyric or place my ear at risk?

Lyric must be removed before you have an MRI scan because the hearing aid contains metallic parts.

Unlike an MRI scan, an X-ray or CT scan will not damage or dislodge the hearing aid because a magnet is not used. However, you should inform the physician and/or technician about the hearing aid. If an X-ray or CT scan of the ear or head is needed, the hearing aid may need to be removed. Let your physician know that you are wearing Lyric if you are having surgery of any kind.

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## Can I fly on a plane with Lyric?

Yes. It is safe to fly while wearing Lyric (provided the aircraft cabin is pressurised).

## Can I swim with Lyric?

Swimming is not recommended. However, Lyric is water resistant so you can shower while wearing Lyric.

## What happens if I dive underwater or skydive while wearing Lyric?

You should not use Lyric while diving underwater or skydiving. Pressure changes from underwater diving or skydiving may cause discomfort and/or feedback if Lyric moves in the ear canal. If you accidentally do these activities while wearing Lyric, visit your Lyric trained hearing care professional to have your ear canal examined.

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## 6. Frequently asked questions

**Should I visit my Lyric trained hearing care professional if the battery is depleted in only one ear?**

Yes. If the hearing aid in either ear stops working for any reason, it needs to be removed within 24 hours, and a Lyric trained hearing care professional needs to examine your ear canal. If you cannot get to a Lyric trained hearing care professional within 24 hours, you should remove the hearing aid at home using the SoundLync.

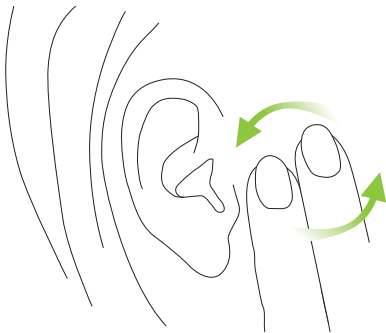
**What should I do if my ear hurts?**

You may experience initial discomfort or pressure when wearing Lyric for the first time. In most cases this is a matter of hours or days, and it is minor discomfort rather than pain. If you do experience pain beyond the initial minimal discomfort, please see your Lyric trained hearing care professional. If you cannot reach your Lyric trained professional, discontinue the use of Lyric by removing it yourself or have a family member or friend remove it. Please see your Lyric trained hearing care professional as soon as possible.

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## What do I do when my ear itches?

Do not move Lyric around. If your ear gets itchy, gently massage the side of your face, in front of the ear. If your ear continues to itch, or if the skin becomes irritated, return to your Lyric trained hearing care professional for evaluation.



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## 6. Frequently asked questions

### How do I clean earwax from my ears while Lyric is in place?

You should not attempt to remove earwax from your ear canal while Lyric is in place. Do not use cotton swabs. Have earwax cleaned from your ear by an Ear-Nose-Throat physician or a Lyric trained hearing care professional.

### Will Lyric set off a metal detector?

No. Lyric's metal components are too small to set off a metal detector.

### How long will my Lyric hearing aid last?

Lyric is designed to be worn until it stops functioning (meaning there is no amplification) or for a maximum of 120 days. Varying factors affect hearing aid life including but not limited to time in the SLEEP Mode, time turned OFF, noisy environments, excessive water exposure and earwax production.

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**Do I have to return to the Lyric trained hearing care professional each time I want a new hearing aid?**

Your Lyric trained hearing care professional needs to reinsert and program each Lyric hearing aid after evaluating your ear(s). Placing replacement hearing aids takes approximately 10 minutes.

**Will I feel any discomfort in my ear when sleeping?**

You may notice some initial discomfort when sleeping. Try to sleep with as little direct pressure on your ears as possible. Sleeping on your back is ideal.

**Can I use Lyric with the telephone?**

Yes, you can easily use the telephone with Lyric.

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## 7. Service and warranty

Phonak offers you a comprehensive warranty for Lyric, starting from the date of purchase. Please ask your hearing care professional about the terms of the warranty valid in the country of purchase. The warranty provides for replacement hearing aids in case of defects in the Lyric manufacturing process or the materials used.

No warranty claims will be considered if the hearing aid shows normal wear and tear, improper handling or care, exposure to chemicals, immersion in water or undue stress. The warranty does not cover services performed by a hearing care professional at his or her workplace.



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## 8. Information and explanation of symbols



With the CE symbol, Phonak AG confirms that this Phonak product – including accessories – meets the requirements of the Medical Devices Directive 93/42/EEC. The numbers after the CE symbol correspond to the code of the certified institutions that were consulted under the above-mentioned directive.



This symbol indicates that the products described in these user instructions adhere to the requirements for an application part of Type B of EN 60601-1. The surface of the hearing aid is specified to be an application part of Type B.

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## 8. Information and explanation of symbols



This symbol indicates that it is important for the user to read and take into account the relevant information in these user guides.

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This symbol indicates that it is important for the user to pay attention to the relevant warning notices in these user guides.

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Important information for handling and product safety.

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### Operating conditions

The product is designed such that it functions without problems or restrictions if used as intended, unless otherwise noted in these user guides.

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**Transport  
and storage  
conditions**

During transport or storage, the temperature should not exceed the limit values of  $-20^{\circ}/50^{\circ}$  Celsius and relative humidity of 65% for a long period of time. The air pressure range between 500 to 1100 hPa is appropriate.

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The symbol with the crossed out number two indicates that this hearing aid is for single use only. Do not reuse. Return your used Lyric to a Lyric trained hearing care professional.

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The symbol with the crossed-out garbage bin is to make you aware that this hearing aid may not be thrown away as normal household waste. Please return it to your hearing care professional. Proper disposal protects the environment and health.

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